



Upcoming event

Midcon 2023

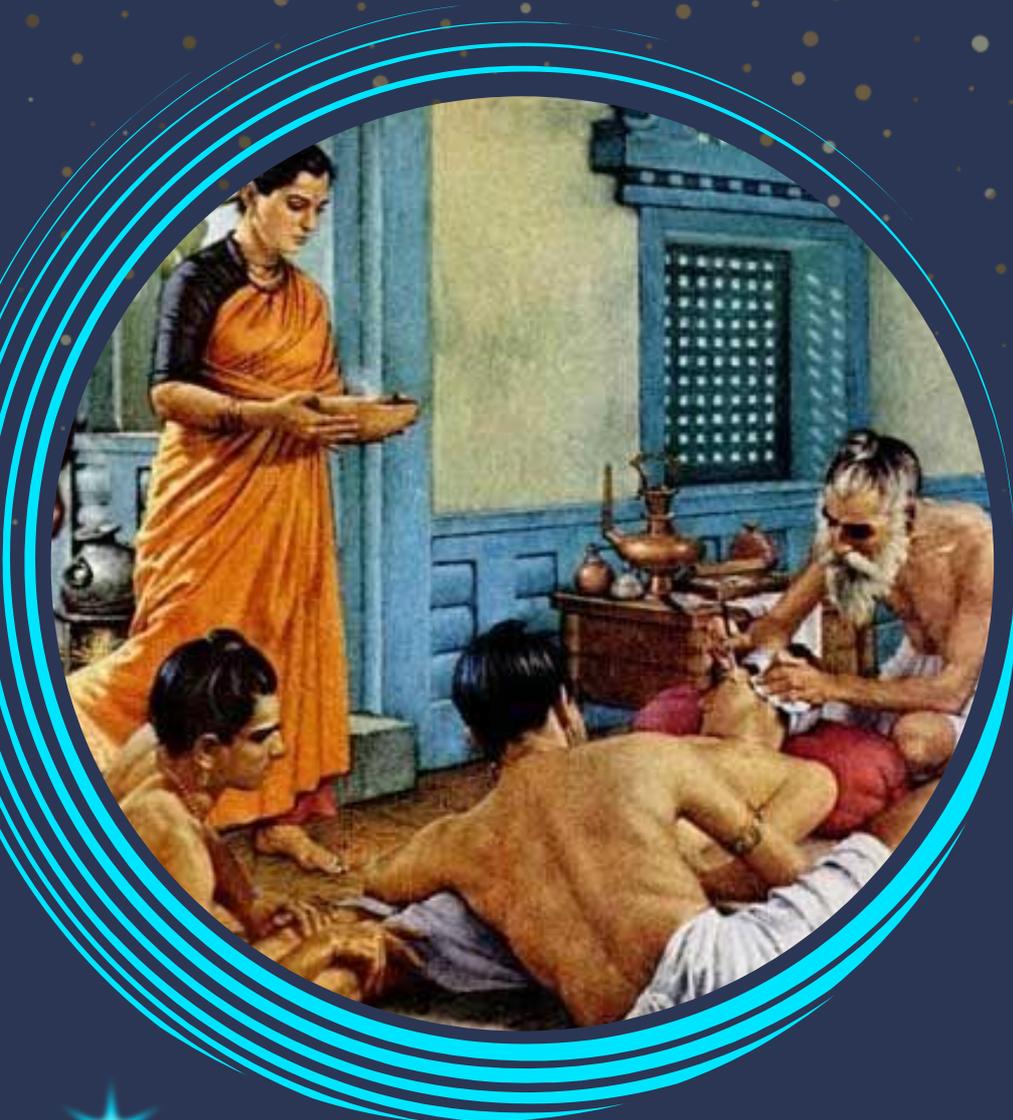
Registration link

– <https://midcon.kscasi.com>

KSCASI NEWSLETTER

Shastra

Apr-June 2023, 2/23



Midcon 2023



Surgeons Day



Yoga Day

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Shashtra



Apr-June 2023, 2/23

EXECUTIVE COMMITTEE 2023



Dr H.V. Shivaram
Chairman



Dr Chandrashekar N.
Hon. Secretary



Dr Rajshekhar C. Jaka
Treasurer



Dr B.N. Patil
Imm. Past Chairman



Dr. Narayanachandra
I. Hebsur
Chairman Elect



Dr. Chandrashekar S.
Imm. Past Secretary



Shashtra



Apr-June 2023, 2/23

NATIONAL EC MEMBERS



Dr. Ishwar R Hosamani



Dr. Gaddi Diwakar



Dr G. Siddesh
Imm Past President
ASI



Dr. Rajgopal Shenoy K.



Dr. Gurushantappa Yalagachin



Shastra



Apr-June 2023, 2/23

EC MEMBERS



Dr Kalaivani V.



Dr. C. Rajesh Ballal



Dr Sampath Kumar K.



Dr. Venkatachala K.



Dr. Suresh Huchchannavar



Dr Shivaprakash D.S.



Dr. V. Ananda Kumar



Dr. Basavesh Patil



Dr. Preethi S.P.



Shastra



Apr-June 2023, 2/23

Chairman's message *Dr. H.V.Shivaram*



Dearest friends of KSCASI,

It gives me immense pleasure to communicate to you once again through this wonderful newsletter of our association, e- Shastra, which has become the mouthpiece of KSCASI consolidating all our activities, aspirations and achievements. The eShastra of Jan – March edition was very well appreciated.

We had a wonderful and busy second quarter (April to June) in KSCASI. The Chairman and Secretary visited city branches of Shivamogga, Dakshina Kannada (Mangaluru) & Chitradurga and appreciated the work done by city branches. Also honoured the senior surgeon Dr R.D. Prabhu, Vice Chancellor of Yenepoya University Dr M Vijaya Kumar and these city branch President & Secretary.

We had an immensely successful virtual program on - Passion other than surgery, Challenges faced by rural surgeons and innovations, How to conduct Journal club etc. KSCASI facilitated a meeting of HODs of all medical colleges and DNB institutions with RGUHS (Dr M.K. Ramesh, Vice Chancellor) and NMC (Dr Gangadhar). This was a great initiative and most of the problems were discussed and solutions were explored.

Dr Abhilash, a rural surgeon from Yadgir and Dr Hanumantha BV from Madhabhavi, Mudhol, completed Rural Surgery Fellowships at Aster CMI Hospital and Manipal Hospital, Whitefield, Bangalore respectively and upgraded their surgical skills.

A free rural health camp was organized at Karapura, HD Kote Taluk in Nagarahole Forest area where a large number of tribal population and forest staff were examined and counselled. About 150 people were the beneficiaries.

Dr Venkatachala, our EC member coordinated a highly successful family get together at JLR, Kabini and all those participated enjoyed the hospitality, jungle safari, boat ride, entertainment programs etc.



Shashtra



Apr-June 2023, 2/23

Chairman's message...



We had a skill development program (endoscopy, stapling, laparoscopy etc) at KIMS, Hubli, where about 97 PGs and young surgeons participated and benefitted, as a part of 20th NSGE update.

Dear friends, we have a terribly busy program ahead too and will keep you informed. Please register for MidCon 2023 at Kolar (12th & 13th August) and come in large numbers. I request you to participate in all the programs virtually and physically which will benefit both the PG students and all the member surgeons of KSCASI.

The KSCASI website (www.kscasi.com) is updated with a new look and the vibrant new logo has already made good visibility. I am thankful to all city branches for accepting to celebrate 'Surgeons Day' all over the state on 25th June (Sunday) in a befitting manner and KSCASI will bring out a special newsletter 'SurgiScope' to highlight surgeons contributions and achievements. It will also contain all reports on Surgeons Day celebrations. Send your articles, write ups to the editor Dr Anupama (anupamapujar@rediffmail.com)

I congratulate all EC members for taking various responsibilities of the association and coordinating all the academic & social work tirelessly.

Please do not hesitate to contact us or give your suggestions & feedback at: secretarykscasi@gmail.com

With warmest regards and best wishes,

Dr H V Shivaram



Shastra



Apr-June 2023, 2/23

Secretary's message Dr N Chandrashekar



Dear friends and senior colleagues,

GREETINGS FROM KSCASI,

Life is a beautiful journey that is meant to be embraced to the fullest every day. However, it doesn't mean you always wake up ready to seize the day, and sometimes need a reminder that life is a great gift.

Dear friends I am very happy to express my journey as a Secretary of KSCASI through this news magazine. Very happy to tell you that the present team is young, energetic and doing an absolute fantastic work and am proud to tell you that I am a part of this team.

Most of the branches are very active in conducting health camps, CMEs and Workshops. The Chairman and myself have visited few branches in past 6 months. My humble request in every member is to actively involve in their branch activities and send the report as early as possible.

Midcon is scheduled on 12th and 13th Aug at Kolar. I hereby request members to register and encourage your postgraduates to register in large numbers. Excellent scientific programs are being planned by the scientific committee.

I sincerely thank all the seniors, well-wishers and our team members for great work, support and encouragement.

What you do has great impact than what u say.

Long live ASI.



Shastra



Jan -Mar 2023, 1/23

From the Editor's desk
Dr Preethi S.P.



Respected Members of the Association,

The first edition of e-Shastra received an overwhelming response and was greatly appreciated by many and this in itself is very encouraging and motivating for us to bring out a better version each time.

The EC team has conducted many interesting webinars, journal clubs, case discussions, etc and the various city branches have hosted many CMEs and skill development programs as well. This edition (Apr – June) contains a consolidated report of all the above-mentioned activities, the Blood Donor and Yoga Day celebrations, a new series 'History of Surgery', interesting case reports and many other articles. We request you all to kindly update us about all such activities that need a special mention by email to emagazineshastra@gmail.com.

We celebrated 'Surgeons Day' on 25th June which was initiated by our Chairman. The same was endorsed and celebrated by all branches to create Public Awareness about Surgeons' contribution to the Society. Surgeons Day is celebrated '***To acknowledge their contribution in providing health care services and training next generation of Surgeons, appreciate their tireless work, dedication and commitment towards patient care and to celebrate success in saving life and livelihood***'. In this journey of our achievements and accomplishments, we seem to have neglected our own health and wellbeing. In recent times, we have seen many young Doctors succumb to cardiac problems, which may be due to excessive stress or exhaustion due to extended hours of work. It may be appropriate to say one should lead a '***Life of moderation***', to overcome these problems. As someone has rightly said – '***Self-care is not selfishness***'. So, I urge all fellow Surgeons to take care of Yourselves, enjoy life, continue doing the great service to mankind and feel proud to be Surgeons.

HAPPY SURGEONS DAY



KSCASI Activities so far....

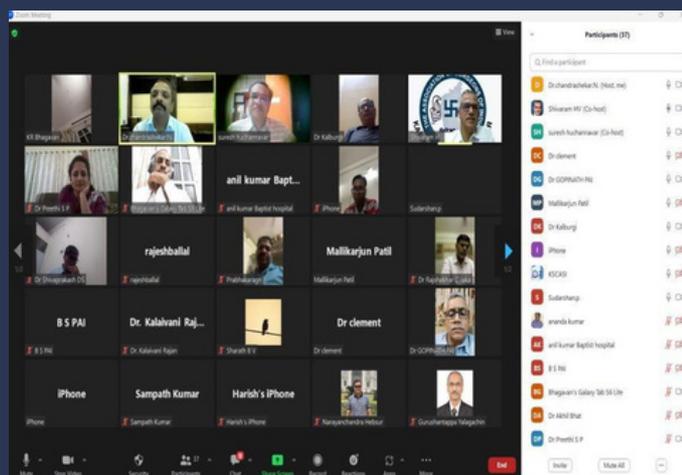
1. KSCASI - City Branch President and Secretary Meeting - 27.02.2023.

The new executive committee met the President and Secretary of all the city branches of KSCASI on virtual platform on 27.02.2023. They discussed various issues of the city branches and also the annual activity planning of the KSCASI. The Chairman requested all the city branches to actively involve themselves in the KSCASI activities and to do social activities like free surgical camps, awareness programs for the general public etc.



2. KSCASI - Meeting of HODs of all Medical colleges of Karnataka - 28.02.2023

The New executive Committee and the HODs of all the Medical Colleges of Karnataka, (MS & DNB institutions of Karnataka) met on a virtual platform and interacted on 28.02.2023 at 8.30PM. This meeting was highly successful and Dr H.V. Shivaram, Chairman and Dr Chandrashekar N., Hon secretary of KSCASI, requested their participation in all KSCASI activities and conferences, especially KSCASI MIDCON 2023. They were requested to encourage their postgraduate students as well as surgical colleagues to actively participate in all the activities



3. Online Guest Lecture - Topic - 'THESIS/ DISSERTATION PROCESSES MADE SIMPLE FOR PGs AND THEIR GUIDES' on 09.03.23.

The topic was selected mainly keeping postgraduates and their guides in mind. The lecture was well delivered in his CS style by Dr. C.S. Rajan. Online attendance was more than 100.



4. Virtual Panel discussion - Topic - 'MEDICOLEGAL ISSUES IN SURGERY' on 28.03.23.

Moderated by Dr. Narayan Chandra Hebsur, Professor of surgery, KIMS Hubli and Chairman elect, KSCASI.

Panellists –

1. Dr. Venkatachala K., Oncosurgeon.
2. Dr. Prabhakara G.N., Principal SSMC and Member of KMC.
3. Dr. Pavan Patil, Hon Joint secretary IMA CGP (HQ).
4. Dr. Shivakumar Kumbar, Consultant Anaesthesiologist and Medico legal advisor.

Had an extensive discussion of more than 1 h 30 min on various aspects of Medico legal problems faced by surgeons. It was well attended by more than 100 members.

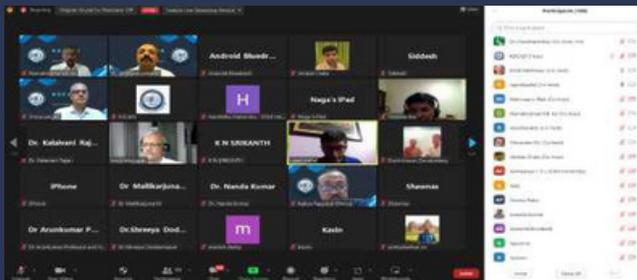




KSCASI Activities so far....

5. Online 'Journal club and Critical appraisal of a paper' on 13.04.23

Dr. Rajesh Ballal spoke on 'How to conduct a journal club'. Dr. Mehnaz, PG from BMC presented a paper, which was discussed by Dr. Lakshman and Dr. Ramakrishna who participated as faculty. It was well attended by more than 150 members both on zoom and YouTube live.



**KARNATAKA STATE CHAPTER
ASSOCIATION OF SURGEONS OF INDIA
KSCASI**

13-04-2023 THURSDAY Time: 8.30 pm

GUEST LECTURE
TOPIC- " HOW TO CONDUCT JOURNAL CLUB "

Speaker

Dr. K Lakshman
Consultant in Laparoscopic & General Surgery DnB Sagar hospital, Bangalore

Co-Ordinator

Dr. Rajesh Ballal
Professor in General Surgery
KMC Mangalore Medical College

Dr. H.V. Shivaram Chairman-KSC-ASI
Dr. Chandrashekar N Secretary-KSC-ASI
Dr. Rajshekhar C Jaka Treasurer-KSC-ASI
Dr. N.L. Hebsur Chairman Elect-KSC-ASI

ALL EC - COMMITTEE MEMBERS OF KSCASI

zoom Click: <https://bit.ly/3wR4YH> Meeting ID: 852 183 0440
Passcode: kscasi

JOURNAL CLUB

MODERATORS:
Dr. K LAKSHMAN Bangalore
Dr. RAMAKRISHNA H K Bhadravathi
Prof. RAJESH BALLAL Mangalore

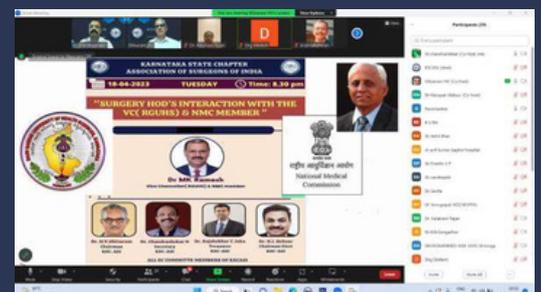
PRESENTER:
DR. MAHNAAZ
FINAL YEAR PG STUDENT
DEPARTMENT OF GENERAL SURGERY
BMCRI, BANGALORE

SOURCE

- **NAME OF ARTICLE** – Laparoscopic and Robotic Surgery for Rectal Cancer – comparative study between two centres
- **JOURNAL** – Indian Journal of Surgery, 2021 February; 83(1): 48- 54
Peer reviewed international journal, SCOPUS indexed with impact factor 0.437 (2021), publisher – Springer
- **Month & year** - 8 May 2020

6. Virtual Interactive session of KSCASI with NMC, RGUHS & Medical colleges on 18.04.23.

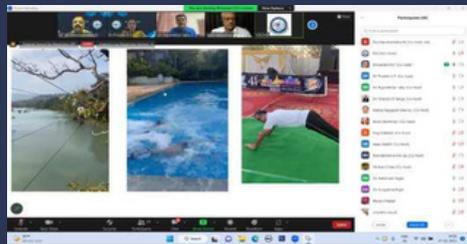
Dr. M.K. Ramesh, the Vice chancellor of RGUHS and Dr. B.N. Gangadhar, President, Medical assessment and rating board, NMC, answered all the queries raised by the HODs and also informed them to send their suggestions by mail.



KSCASI Activities so far....

7. Online Webinar on 'PASSION OTHER THAN SURGERY' on 27.04.23.

Moderated by Dr. Rajshekar Jaka, Treasurer KSCASI. 20 passionate surgeons of KSCASI spoke on different passions other than surgery like wild life photography, poetry, farming, cooking, trekking, open water swimming, scuba diving, literary work, off-road driving etc. It was well attended by more than 150 members on zoom and YouTube live. Past ASI President, Dr Abhay Dalvi spoke at the end and highly appreciated the program.



**KARNATAKA STATE CHAPTER
ASSOCIATION OF SURGEONS OF INDIA
KSCASI**

27-04-2023 THURSDAY Time: 8pm

TOPIC- "PASSION OTHER THAN SURGERY"

MODERATOR
Dr. Rajshekar C Jaka
President Elect, SSBASICC

SPEAKERS

Dr. Siddesh	Dr. Shivaram H.V	Dr. Rajgopal Shenoy
Dr. Dayanand Nooli	Dr. Srinivas Pai	Dr. Lakshman K
Dr. Ramakrishna	Dr. Naaz Shaik	Dr. Venkatarahla
Dr. Preethi	Dr. Prashanth B N	Dr. Manjunath Byadigere
Dr. Sharath B V	Dr. C.G Narasimhan	Dr. R.C Bangalore
Dr. Shrawad Tanga	Dr. Arvind Patel	Dr. Sangamesh
Dr. Pavan Prasad B.K	Dr. Niranjana P.B	

Dr. H.V Shivaram
Chairman-KSC-ASI

Dr. Chandrashekar N
Secretary-KSC-ASI

Dr. N.L. Babbar
Chairman Elect-KSC-ASI

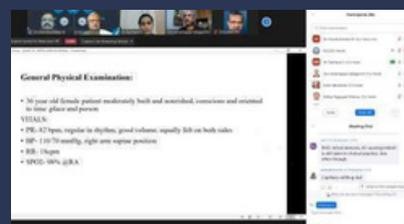
ALL EC - COMMITTEE MEMBERS OF KSCASI

Youtube Link: <https://bit.ly/3xDeZ8h>



8. Case discussion on 11.05.23 on virtual platform.

'Interesting case of upper limb ischemia' was discussed by Dr. Rachana final year postgraduate from KIMS Hubli, Moderated by Dr. Gurushanthappa Yalagachin & Dr. Rajagopal Shenoy. Dr. K Lakshman & Dr. Ashok S Godhi participated as Faculty. This program was well attended by more than 150 members both on zoom and YouTube live.



**KARNATAKA STATE CHAPTER
ASSOCIATION OF SURGEONS OF INDIA
KSCASI**

11-05-2023 THURSDAY Time: 8.30 pm

CASE DISCUSSION

TOPIC- "INTERESTING CASE OF UPPER LIMB ISCHEMIA"

PRESENTER
DR RACHANA S
1st year post graduate
Department of Surgery
KIMS, Hubballi

MODERATOR
DR GURUSHANTHAPPA YALAGACHIN
Professor and head
Department of Surgery
KIMS, Hubballi

FACULTY

Dr. Rajgopal Shenoy K Associate Elect (Surgical Oncology, Hubballi) Medical College, Hubballi	Dr. K Lakshman Associate Elect (General Surgery at Hubballi) Medical College, Hubballi	Dr. Ashok S Godhi Professor & Principal KIMS, Hubballi
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Dr. H.V Shivaram
Chairman-KSC-ASI

Dr. Chandrashekar N
Secretary-KSC-ASI

Dr. N.L. Babbar
Chairman Elect-KSC-ASI

ALL EC - COMMITTEE MEMBERS OF KSCASI

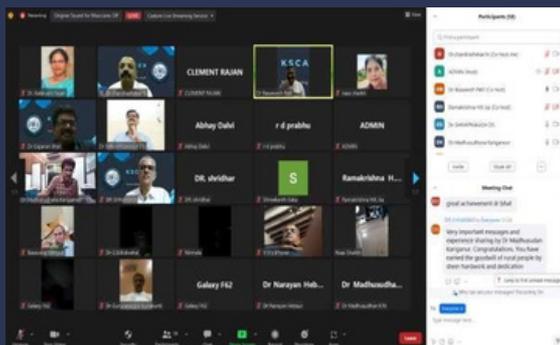
Zoom Meeting ID: 882 182 0900

Passcode: 8821

YouTube Link: <https://bit.ly/3xDeZ8h>

9. Webinar on 'CHALLENGES FACED BY RURAL SURGEONS AND INNOVATIVE SOLUTIONS' on 30.05.23.

12 surgeons working in rural areas spoke about their challenges and their innovative solutions for that. This program was very much appreciated from the members of KSCASI and more than 100 members attended this program.



10. Free Health camp on 26.05.23

KSCASI in association with the forest department of Nagarahole conducted free Health camp with free distribution of medicines for the tribal people and the forest department staff of Nagarahole at forest office, Karapura, HD Kote taluk, Mysore district on 26.05.23. More than 150 people were benefited from the camp.



KSCASI Activities so far....

11. Family get together on 27.05.23 and 28.05.23. KSCASI has organized a family get together for all its members and their families. More than 25 families took part and enjoyed safari and boat ride in Kabini jungle lodge resort.



12. Mother's Day on 14.05.23.

As May 14th is celebrated as Mother's day, KSCASI conducted an activity to all its members. They were asked to send a photo with their mother and a small write up about what makes their mother special and the qualities that they imbibed from her. We had a very good response and more than 100 entries were received and prizes will be announced shortly.



**Karnataka State Chapter of Association
Surgeons of India
(KSCASI)**

GOOD MORNING MEMBERS
"MOTHERS ARE EPITOMES OF UNCONDITIONAL LOVE"

May 14th is celebrated as Mother's Day.

On this day, as a mark of respect to our mothers, we are planning to do an activity. In this regard we request you all to send your pic with your Mom's pic and share how she has Influenced, Inspired or what trait you have inherited from her. You can send a small write up of less than 100 words. you can just send in your pics also with your moms.

We are compiling and making a video.
Last date for entry **14th May 2023**.
Best 3 will get Attractive prizes.
Thank You.

The pictures and write-up should be sent to all three people mentioned below.

Dr. Kalaivani V -9945090285 **Dr. Preethi S P - 9886875171**
Dr. Ashok Godhi - 9844121868

With Warm Regards

Dr. H. V. Shivaram Chairman - KSCASI	Dr. Chandrashekar N Hon. Secretary - KSCASI	Dr. Rajashekar Jaka Hon. Treasurer - KSCASI	Dr. N I Hebsur Chairman Elect - KSCASI
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& all Executive Committee members of KSCASI

KSCASI Activities so far....

13. Journal club on 08.06.2023

Title of Article – ‘Effect of short stitch technique for midline abdominal closure on incisional hernia (ESTOIH): A randomised clinical trial. The Journal club was moderated by Dr Kalaivani, Professor of Surgery, SIMS. The speaker was Dr Zaiba, 2nd yr PG from the same college. It was well attended by all members and appreciated too.



14. Webinar on 21.06.2023 –

‘INTERNATIONAL YOGA DAY’

Title: MIND YOUR MIND AND BODY.

It was Moderated by Dr. Kalaivani V., Professor of Surgery, SIMS

Speakers:

1. Dr Ravishankar - ‘My body in my hands’ - Benefits of Yoga
2. Dr Somashekar – ‘My lungs need to breathe’ - Pranayama on respiratory physiology
3. Mrs Nalini Mohan – ‘Let’s start today’ - Demonstration of simple Asanas



15. Panel discussion on 29.06.2023

Title – ‘How to face the examination’

Moderated by Dr. Ashok Godhi

Panelists

1. Dr. Vidyadhar Kinhal
2. Dr. Rajgopal Shenoy K.
3. Dr Manjunath B.D.

The program was well attended and appreciated by Consultants and Postgraduate students alike



City Branch visits

Shivamogga city branch visit



Dr Shivaram H.V, Chairman, KSCASI and Dr N. Chandrashekar, Secretary of KSCASI, visited Shivamogga branch on 02.04.23, and inaugurated the branch along with senior members of the branch. Dr Shivaram HV delivered a guest lecture on 'Role of component separation in repair of complex hernia'. Dr Pavankumar, Asst. Prof. Subbaiah Institute of Medical Sciences, Shivamogga, presented a case of 'Paget's disease of breast' with a brief review of literature and treatment. e-Shastra was released during this function by a senior member of the branch, Dr R.C. Bangalore.

On this occasion Chairman and secretary of KSCASI honoured a senior member of the branch, Dr R.D. Prabhu for his services to the society and association. President of the branch Dr Ramakrishna H.K. and secretary of the branch Dr Suresh B.P. were also felicitated.

Dakshina kannada city branch visit



The Chairman, Dr. H V Shivaram visited Dakshina Kannada city branch on 05.04. 2023 and honoured the Vice Chancellor of Yenepoya University and city branch new President Dr Vijayakumar and Secretary Dr Anand IP. State EC members Dr Rajesh Ballal and Dr Shivaprakash D.S. were present. Surgery HODs of all medical colleges of Dakshina Kannada were present. Chairman KSCASI spoke about the activities of the KSCASI and urged the members to enroll to SSS of ASI.

City Branch visits

Chitradurga city branch visit

Dr Shivaram H.V, Chairman, KSCASI and Dr N. Chandrashekar, Secretary of KSCASI, visited Shivamogga branch on 06.06.2023. Dr Shivaram HV delivered a guest lecture on 'Management of Ventral Hernia'. Dr Sushanth P.T., spoke on Abdominal wall anatomy. The branch President Dr Ranga Reddy & Secretary Dr Sharath were honoured by the Chairman Dr H.V.Shivaram and Secretary Dr N.Chandrashekar



CME Program Details	
8:30 - 9.00 am - Registration	
9.00 - 9.45am	
Topic - Abdominal wall anatomy. Speaker - Dr Sushanth P.T	
10.00 - 11.00 am	
INAUGURATION CEREMONY	
FELICITATION CEREMONY	
followed by high tea	
11.00 - 1.00 pm	
Topic - Management of Ventral hernia Speaker - Dr. H.V. Shivaram, chairman KSC-ASI	
1.00- 2.00 pm - Lunch	
2.00- 4.30pm - Surgispa for Postgraduates	



QUOTE CORNER : Crisp & Strong SURGICAL Corner Stones

1. Technical wizardry can't overcome biological restraints - Moshe Schein
2. The post-operative fart is music to the surgeon's ears - Moshe Schein
3. The flat abdomen is a good abdomen - George Decker
4. A poor assistant is better than a talented opponent - Rick Paul
5. Bleeding in the belly is like fire on a ship – you run towards it - Jeffery Young
6. Any fool can cut off a leg – it takes a surgeon to save it - George Ross
7. He is not even fit for a haircut under local anaesthesia - Anon
8. Beware of drive through appendectomies - Stephen Nishida
9. The blood bank is the surgeon's gas station - Paul Reznikoff
10. Tumours belong in formalin jars - William Halsted

Compiled by:
Dr C S Rajan,
Consultant Surgeon, Bengaluru



20th National Surgical Gastroenterology Update, a single theme conference on “Diseases of Colon & Rectum” was held at KIMS Hubli on 8th, 9th & 10th June 2023 under the leadership of Dr K V Ashok Kumar and Dr K Aravind by the Department of Surgical Gastroenterology, KIMS Hubli under the auspices of RGUHS, MERT & KSC-ASI.

On 08.06.2023 Hands on training on Bowel Anastomosis, Laparoscopy, Upper GI endoscopy & Colonoscopy was arranged for 90 post graduate students and young surgeons. On 09.06.2023 live Operative workshop (both Open and Lap Surgeries) were live telecasted from PMSSY Super Speciality Hospital, KIMS Hubli and GEM Hospital, Coimbatore to KIMS Auditorium. About 350 registered delegates and invited faculty and about 200 students attended the conference.

Inauguration of NSGE Update 2023 was held on 9th June 2023 3.30 PM at KIMS auditorium. It was inaugurated by Dr Ramalingappa Antartani Director KIMS Hubli along with Dr. K V Ashok Kumar, Chairman NSGE Update, Dr. Ishwar Hosamani, Principal KIMS Hubli, Dr. Gurushantappa Yalagachin, HOD, KIMS Hubli, Dr. H V Shivaram Chairman KSC- ASI, Dr. Nagesh N S secretary NSGE Update, Dr. Aravind K Organising Chairman NSGE Update 2023 & Dr. Vijay Kamat organising Co-Chairman NSGE Update2023.

The following dignitaries were felicitated and honoured on this occasion - Dr. K V Ashok Kumar, Dr. Nagesh N S, Dr. Ramachandra C, Dr. B S Madakatti, Dr. Jeswanth S, Dr. Rajshekhar Nayak, Dr. Vijaykumar Bada, Dr. Venkatrami Reddy V.

Excellent Lectures and Symposium were held in the afternoon of 9th & morning of 10th June. Colonoscopy workshop (both Diagnostic & Therapeutic procedures) were live demonstrated by Dr. Nageshwar Reddy’s team from AIG Hyderabad along with 2 lectures. A gala banquet dinner was arranged at Pavilion Karnataka Gymkhana Association on 9th evening and a fellowship lunch on the afternoon of 10th June.

KSCASI congratulates Dr K V Ashok Kumar and his entire team for holding the single theme conference 20th NSGE update successfully at KIMS, Hubli (first time outside Bangalore) and continuously for the last 20 years.



Rural Surgeon Fellowship Course under KSCASI

Dr Abhilash A

Dr Abhilash A is a surgeon who completed his MS (Gen Surgery) from KMC Hubli, in 2020. Presently he is practicing as general surgeon in a rural area Gurmitkal of Yadgir district.

He wanted to update and upgrade his knowledge and surgical skills. He opted for the KSCASI, rural surgeon fellowship course and he was offered the course at Aster CMI Hospital, Bengaluru under the guidance of Dr H V Shivaram.



During his fellowship course in April 23, he has participated/ observed general surgery, laparoscopic surgery, urological procedures, gynaec and obstetric procedures, transplant surgeries and robotic surgeries.

KSCASI was happy to offer him the fellowship certificate

Dr Hanumantha B.V.

Dr Hanumantha BV from Madhabhavi, Mudhol, Bagalkot district completed Rural Surgery Fellowship course conducted by Manipal Hospital, Whitefield, Bangalore (from 10.6.2023 to 16.6.23) under the guidance of Dr Rajshekar C. Jaka and received his Fellowship Certificate.



During the fellowship course, Dr Hanumantha Basappa Vaggara has demonstrated exceptional skills and knowledge in performing all general surgical procedures.

KSCASI congratulates Dr Hanumantha B V



Bangalore city branch activity

Dr Venkatesh K.L.
President

Dr Manish Joshi
Hon. Secretary

Dr Sunil Kumar V.
Hon. Treasurer

1. BASIC SURGICAL SKILLS COURSE in association with TRUST WELL HOSPITALS on 02.04.2023, 9-00am to 5-00pm



PROGRAM	
8:30am	Breakfast & Registration
9:15am - 9:30am	Why do you need Basic Surgical Skills Course - Dr K Lakshman
9:30am - 9:45am	Inauguration & Lighting the Lamp. Dr Deepak Halappa, Dr K Lakshman, Dr Venkatesh K.L., Dr Manish Joshi
9:45am to 10:45am	Knitting and Suturing Techniques Dr Sunil Kumar V - BMCRC, Dr Ranga Bhoohan, Dr Venkatesh K.L.
10:45am to 11:00am	Tea Break / Course Continues
11:00am to 1:00pm	Intestinal Anastomosis Dr Vishnu Kuppel, Shankara Cancer Center Dr Sunil Kumar V - BMCRC Dr Ranga Bhoohan - Trust Well Hospital
1:00pm to 2:00pm	Lunch Break (Terrace cafeteria)
2:00pm to 3:30pm	Basic of Laparoscopy / Stomach Demos Dr Heera Mubarak Khan, Alai Bhaiji Bagayee Medical College Dr Ranga Bhoohan - Trust Well Hospital Dr Sunil Kumar V - BMCRC Dr Ranga, Dr Wasim Qazi, Dr Vishnu
3:45pm to 4:00pm	Tea break
4:00pm to 5:00pm	Vascular Anastomosis Dr Wasim Qazi, Dr Sunil Kumar V, Dr Ranga and Dr Vishnu
5:00pm to 6:00pm	Valedictory / Certificate to Faculty & Delegates

It was a successful Basic Surgical Skills Course, due to the kind participation, involvement and commitment of the senior faculty members of SSBASICC, Senior Advisors Dr. K. Lakshman, President Dr. Venkatesh K.L., Hon Secretary Dr. Manish Joshi, during the training program. Members, senior surgeons from various Medical Colleges have appreciated the sincere efforts of all our surgeons from Bangalore & SSBASICC activities.

2. Monthly Clinical Meeting held on 19.04.2023 hosted by COMMAND HOSPITAL AIR FORCE



The Chairman / Hon Secretary Karnataka State Chapter of ASI

Respected Sir,

Report on Monthly Clinical Meeting held on Wednesday 19th APRIL 2023 hosted by **COMMAND HOSPITAL AIR FORCE - Bangalore** at OFFICER'S MESS, TRINITY CIRCLE. (190 members attended this meeting (Consultants as well as Postgraduates)

The Monthly Clinical Meeting started with the following Programs.

6:00pm - 6:45pm CASE PRESENTATION : Faculty of **COMMAND HOSPITAL AIRFORCE - Bangalore**
- CASE PRESENTATION AND CLINICAL DISCUSSION ON GASTRIC OUTLET OBSTRUCTION.

6:45pm - 7:15pm Poster Presentations - **COMMAND HOSPITAL AIRFORCE - Bangalore**

7:15pm - 7:30pm **SURGICAL CASES** - Dr. Praveen Kumar A.

7:30pm - 8:30pm Paper Presentation - **COMMAND HOSPITAL AIRFORCE - Bangalore**

8:30pm - ANNOUNCEMENTS

- THANKS TO COL VIKAS DEVI - HOD - SURGERY - **COMMAND HOSPITAL AIRFORCE - Bangalore**
- THANKS TO GP CAPT (DR) DESHPANDE S K - **COMMAND HOSPITAL AIRFORCE - Bangalore** (E C Member).

B. THANKS TO JUDGES DR HRAGIRISH RAD - POSTERS
DR KAPIL KISHORE S V - PAPERS
DR MANJUNATH D D - PAPERS

C. ANNOUNCEMENTS OF BEST POSTER & PAPER AWARDS - **COMMAND HOSPITAL AIRFORCE - Bangalore**

BEST POSTER & BEST PAPER AWARDS		
1	BEST POSTER (CASE REPORT) PRESENTED BY DR. VENKATESH K.L.	POSTER 1 st PRIZE
2	BEST PAPER (CASE REPORT) PRESENTED BY DR. VENKATESH K.L.	PAPER 1 st PRIZE
3	BEST POSTER (CASE REPORT) PRESENTED BY DR. VENKATESH K.L.	POSTER 2 nd PRIZE
4	BEST PAPER (CASE REPORT) PRESENTED BY DR. VENKATESH K.L.	PAPER 2 nd PRIZE

6:45pm to 8:00pm
GOLDEN JUBILEE YEAR INAUGURATION - 1973-2023 50 YEARS
Golden Jubilee Inauguration & Clinical Meeting ended with National Anthem.
Kindly publish in your E Bulletin of KSCAS and also KSCAS website, please do the needful.
The Monthly Clinical Meeting Invitation with details are attached herewith for your kind information.
Kindly acknowledge.
Thanks With Regards

DR VENKATESH K.L. PRESIDENT
DR MANISH JOSHI HON SECRETARY
PHOTOS FOLLOW





Bangalore city branch activity

Dr Venkatesh K.L.
President

Dr Manish Joshi
Hon. Secretary

Dr Sunil Kumar V.
Hon. Treasurer

3. Robotic Hands on Workshop held on 23.04.23 at Intuitive Surgical India Pvt Ltd - RMZ Millennia 5th floor, Bengaluru from 9-30am to 3-00pm. SSBASICC collaborated with Da Vinci (Intuitive Surgical India Pvt Ltd). This training was for Executive Committee members of SSBASICC (E C Special only). 10 select participants benefited from this workshop.

Facilitators:

Dr Vishnu Kurpad

Dr Manish Joshi

Mr Pankaj Singh - Senior CSE (Da Vinci team')



4. Monthly Clinical Meeting held on 17.05.23 hosted by Private Surgeons & Corporate Hospitals - Bengaluru at API Bhavana.

SURGICAL SOCIETY OF BANGALORE ASSIC (R)
1973 - 2023 (Golden Jubilee Year)
www.ssbasicc.org

DR VENKATESH K L President
DR RAJESHKHAR C JAKA President Elect
DR MANISH JOSHI Hon Secretary
DR VIKRAM S DAN Hon Secretary
DR SUNIL KUMAR V Hon Treasurer

E.C MEMBERS-2022
DR PUNEETH N
DR ANUPAMA PULJARI K
DR SUDARSHAN V
DR MD BASHIRUDDIN I
GP Capt (Dr) DESHPANDEY S K
DR RAJESH KHOSLA S V
DR MISHANTH L
DR NIBHALLAN P
DR HARSH N S
DR PRASHANTH S MURTHY
DR HOSNI MUBARAK KHAN
DR MUNIREDDY M V
DR DEVAKRASHANTH M
DR SHARANBASAVARAJ
DR SUBHASH R C
DR HIMAGIRISH RAO
DR MANJUNATH B D
DR MALLIKARJUNA M N
DR ANIRUDH V
DR AKSHATH G
DR SURDHAR M
DR RAVINDRA G
DR VIKRAM S BILGIRI
DR KRUTHI S R
DR ARUN H N
DR CHANDAN S A
DR VISHNU KURPAD
DR SATISH O
DR AMIT KUMAR JAIN
DR SAMPATH KUMAR K
Hon. and President
DR PREM KUMAR A
Hon. and President
SPECIAL GUESTS
DR H V SHIVARAJ
Chairman - KSCASB
SCIENTIFIC ADVISERS
DR C S RAJAN
DR K LAKSHMAN

Dear Doctor,
You are invited for the Fifth Monthly Clinical Meeting of the Year 2023
DATE: **Wednesday 17th MAY 2023**
HOST: **PRIVATE SURGEONS & CORPORATE HOSPITAL.**
VENUE: ***API Bhavana Millers Tank Road, Vasantha Nagar Bengaluru - 52.**
6:00PM to 8:45PM: **Postgraduate Teaching Programs**
8:45PM to 7:30PM: **POSTERS + e-POSTERS (E-Poster with Colla + Tax Break)**

TOPICS	ORIENTERS
Empire Palmaris	Dr Raj Yashu (Dr. Philomena)
Pain associated Hernia with Gastro Volvulus	Dr Anus (Dr. Philomena)
Traps with a lip	Dr Nisha Girish (BBB)
A big giant	Dr Lakshma S (BBB)
Not so foreign an object	Dr Anus KP (BBB)
An Malrotated Cecum	Dr. Anesa Shivan (BBB)
Vascular malformation	Dr. Ganesh Bano (BBB)
A Case of Dist Malrotation	Dr. Jayashree (BBB)
A case of multiple fetal and jejunal diverticula and perforations	Dr. Ragesh (BBB)
Trichobezoar extending from stomach to jejunum	Dr. Harsha (BBB)
SAH Bleed	Dr. Anand (Dr. Sunil)
Rare Cause of Cardiac Tamponade	Dr. Anand (Dr. Sunil)
On Tarsus injures heel?	Dr. Ashwarya (Dr. Philomena)
	Dr. Nishu (Dr. Sunil)

7:30PM to 7:45PM - SURGICAL CANAPES - DR PREM KUMAR A
7:45PM to 8:45PM - SCIENTIFIC PAPERS

1. Trichobezoar extending from stomach to jejunum	Dr. Harsha (BHAGWAN MAHAVEER JAIN HOSPITAL)
2. A game changer in the life of children with SMA: a surgeon's role	Dr. Samuel Philip (BBB)
3. Diversity of micro vascular free flaps in reconstructive surgery	Dr. Nisha Girish (BBB)
4. Effectiveness of vacuum assisted drainage in diabetic foot ulcers	Dr. Krishnakumar (BBB)
5. VTEP technique for ligular and neural hernia - Approach being simplified	Dr. Anand (Dr. Sunil)
6. Characterizing lateral neck masses mimicking an carotid body tumors - A single institution retrospective review	Dr. Deepika (BBB)

Please Note:
8:45PM - 9:00PM: **Golden Jubilee Celebrations (1973 - 2023)**
9:00PM onwards: **Announcements, Prizes & National Anthem**
Note: - Inform & Encourage your Postgraduates to ASSEMBLE & REACH THE VENUE by 6:45PM

DR VENKATESH K L
PRESIDENT
DR MANISH JOSHI
HON. SECRETARY



- THANKS TO C R CHALLANI - Convenor- PRIVATE SURGEONS & CORPORATE HOSPITALS Bengaluru
- PRIVATE SURGEONS & CORPORATE HOSPITALS @ E C Committee
- B. THANKS TO JUDGES GP CAPT DR DESHPANDEY S K - POSTERS
DR VIKRAM S BILGIRI - PAPERS
DR MANJUNATH B D - PAPERS
- C. ANNOUNCEMENTS OF BEST POSTER & PAPER AWARDS - PRIVATE SURGEONS & CORPORATE HOSPITALS Bengaluru

BEST POSTER & BEST PAPER AWARDS		
1	Trichobezoar extending from stomach to jejunum	POSTTER 1 ST PRIZE
2	Laparotomy wound management in high risk patients with primary NPWT Vs Primary Closure - a prospective study	PAPER 1 ST PRIZE
4	A game changer in the life of children with SMA: a surgeon's role	PAPER 2 ND PRIZE



Bangalore city branch activity

Dr Venkatesh K.L.
President

Dr Manish Joshi
Hon. Secretary

Dr Sunil Kumar V.
Hon. Treasurer

5. Monthly Clinical Meeting held on Wednesday 28.06.2023 hosted by Dr. B R Ambedkar Medical College Hospital & Vydehi Institute of Medical Sciences & Research Center- Bengaluru at API Bhavana, attended by 150 members



6:00pm - 6:45pm CASE PRESENTATION : On Solitary Nodule of Thyroid for Postgraduates

6:45pm - 7:15pm Poster Presentations - DR B R AMBEDKAR MEDICAL COLLEGE HOSPITAL & VYDEHI INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTER - Bengaluru

7:15pm - 7:30pm SURGICAL CANAPÉS - Dr Prem Kumar A

7:30pm - 8:30pm Paper Presentation - DR B R AMBEDKAR MEDICAL COLLEGE HOSPITAL & VYDEHI INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTER - Bengaluru

8:30pm - 8:45pm Announcements

A. THANKS TO: DR SATISH KUMAR R - HOD SURGERY - DR B R AMBEDKAR MEDICAL COLLEGE & DR RAMESH REDDY G - HOD SURGERY - VYDEHI INSTITUTE OF MEDICAL SCIENCES & ITC

B. THANKS TO JUDGES: DR NISHANTH LAKSHMIKANTH - POSTERS
DR HOSNI MUBARAK KHAN- PAPERS
DR AKASHANTH G - PAPERS

C. ANNOUNCEMENT OF BEST POSTER & PAPER AWARDS - DR B R AMBEDKAR MEDICAL COLLEGE HOSPITAL & VYDEHI INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTER - Bengaluru

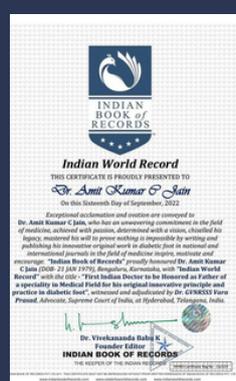
BEST POSTER & BEST PAPER AWARDS

S. NO	TITLE	DR. POORNIMA NAGU G - VYDEHI INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTER	POSTER 1 ST PRIZE
1	POSTER PRESENTATION: ENDOMETRIAL POLYPSY: ENDOMETRICTOMY AFTER INTERVAL OF 15 YEARS	DR. AMIT KUMAR YADAVADE - DSRMACHIN	POSTER 2 ND PRIZE
2	A RARE CASE OF 9 DUPLICATION OF URETER	DR. PRABAL T. V. DSRMACHIN	PAPER 1 ST PRIZE
3	TWO PORT VS THREE PORT LAP APPENDICECTOMY IN COMPLICATED APPENDICITIS - A COMPARATIVE STUDY	DR. KEERTHAN KUMAR S - DSRMACHIN	PAPER 2 ND PRIZE
4	A COMPARATIVE STUDY: TACKLES VS NUTURE FOR MESH FIXATION IN SPW PLUS	DR. KRISHA H. V. VYDEHI INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTER	PAPER 3 RD PRIZE
5	OUR EXPERIENCE IN MANAGEMENT OF DELAYED PRESENTATION OF CONGENITAL DIAPHRAGMATIC HERNIA IN A TERTIARY CARE CENTER	DR. MEGHA KHAN - VYDEHI INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTER	PAPER 4 TH PRIZE
6	CURRENT SCENARIO IN THE CLINICAL PRESENTATION AND MANAGEMENT OF MENETRIE: LYMPHADENITIS CASES IN A TERTIARY CARE HOSPITAL		



CORRIGENDUM

This is in reference to our publication in the last edition of e-Shastra. Dr Amit Kumar C Jain has received the said awards from Indian Book of Records and Kalam World Records





Belgaum city branch activity

Dr Gomatesh Kusnale
President

Dr Kishor V Bhandagar
Hon. Secretary

Dr Akshay Metgud
Hon. Treasurer



KSC ASI
BELGAUM BRANCH
CLINICAL MEETING

Defensive Medicine
Dr A S Godhi
Prof & Senior Consultant Surgeon, KLES Hospital

Laser Proctology
Dr Gomatesh Kusnale
Consultant Surgeon, Venugram Hospital

Chairpersons

Dr Ashok C Pangi Prof & HoD, Dept Of Surgery USM KLE HMP	Dr Rohit Joshi Consultant Surgeon Joshi Nursing Home
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Dr Gomatesh Kusnale President Dr Kishor V Bhandagar Secretary Dr Akshay Metgud Treasurer

Event Supported by Somprat

April 28th 2023
Friday
Hotel Eefa- Belagavi
8.00pm onwards

SOLARES
A SOLAR MEDICAL GROUP



The Clinical Meeting was held for the Association of Surgeons of India, Belagavi Branch on 28.04.2023 at Hotel Eefa.

Dr Akshay Metgud, Consultant Surgeon and Asst Professor conducted the meeting. Dr Ashok Godhi, Prof & Senior Consultant Surgeon, KLES Hospital spoke about the prevalence of Defensive Medicine and its effects on our practice. Member surgeons put forward their views about medical law suits and its effects on our practice.

Dr Gomatesh Kusnale, Consultant Surgeon, Venugram Hospital spoke about Laser Proctology. The speaker gave a brief introduction of use of Laser and highlighted its benefits in managing hemorrhoids and other anal problems. The sessions were Chaired by senior surgeons Dr A.C. Pangi and Dr Rohit Joshi. The meeting was attended by about 60 members. The discussions were followed by fellowship and dinner.





Hubli dharwad city branch activity

Dr C.K.Patil
President

Dr Sameer Ahmed
Hon. Secretary

Dr Sanjay Mashal
Hon. Treasurer

The monthly activity of KSCASI - Hubli Dharwar branch was conducted on 26.04.2023 at Hotel The Fern Residency, Hubli, from 8:30 pm onwards.

The meeting was conducted in collaboration with SS Sparsh hospitals, Mysore road, Bangalore. It was attended by nearly one hundred surgeons and students from the twin cities.

The meeting comprised of post graduate presentations, -

1. Dr Gautam, a final year student from the Department of General surgery, KIMS, Hubli, presented an interesting case of Duodeno - jejunal intussusception presenting as proximal bowel obstruction.

2. Dr Sukesh Holla, a final year postgraduate from the Department of General surgery, - SDMCMSH, Dharwar, presented a challenging case of Management of a ruptured AV malformation during pregnancy. Discussion also included the Department of Interventional Radiology, KLE Suchirayu hospitals, Hubli, being represented by Dr Venkatesh.

Guest lectures by invited faculty from the SS Sparsh hospitals, Bangalore included the following-

1. Dr Naveen Ganjoo delivered an interactive lecture about Non Hepatic Surgeries in Cirrhosis.

2. Dr Rommel S spoke in detail about the Liver transplant in HCC, which was followed by an enriching discussion.

The meeting concluded with felicitation of Guest Speakers, followed by fellowship and dinner.



SS SPARSH Hospital, Mysore Road
In Association with ASI Hubli - Dharwad City Branch
Cordially Invites You to Participate in the Scientific Session
On

**Case of Sub-Acute Intestinal Obstruction:
Surgical Management**
by **Dr. Gautam**
Final Yr PG, KIMS, Hubli

A Case of Bleeding AV Malformation in Pregnancy
by **Dr. Sukesh Holla**
PG, SDMCMSH

Non Hepatic Surgeries in Cirrhosis
by **Dr. Naveen Ganjoo**
MBBS, MD (Internal Medicine), FMGE (Gastroenterology),
Fellowship in Liver Diseases & Transplantation (Mount Sinai, New York)

Liver transplant for HCC
by **Dr. Rommel S**
MBBS, MS (General Surgeon), Mch (Hepato Pancreato biliary Surgeon)

Date: 26th Apr, 2023 | Time: 8.30 P.M. Onwards
Venue: 'Bayside' Banquet Hall The Fern Residency,
Gokul Road, Hubli.

RSVP: Mr. Dhananjay katti +91 98453 95930
Programme Followed By Fellowship & Dinner
SS SPARSH Hospital
No.8, Ideal homes, HBCS Layout, RR Nagar, Mysore Road, Bangalore 98.
www.sparshhospital.com | Follow us on





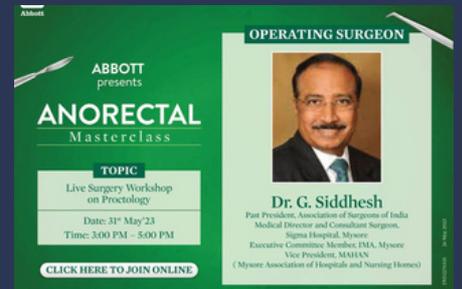
Mysore city branch activity

Dr H.N.Dinesh
President

Dr Sarvesha Raje Urs A.S.
Hon. Secretary

Dr S.Chandrashekar
Hon. Treasurer

A live workshop was conducted by Dr Siddesh, covering all the common surgical anorectal ailments and the most ideal surgical techniques were taught. The explanations were crisp and clear. Video clips of some rarer cases were also discussed. About 50 attended physically and more than 530 logged in live.



Gadag city branch activity

Dr. Ajay C. Raju
President

Dr. Bharatkumar G. Bidinahal
Hon. Secretary

Dr. Krishna Reddy Navalli
Hon. Treasurer

Gadag Institute of Medical Sciences in association with ASI Gadag branch conducted Hands on workshop on knotting, suturing, vascular and intestinal anastomosis to the surgery and allied residents of GIMS, Gadag, on 20.04.2023. Dr Gurushantappa and Dr Ajay Raju were the faculty





Shivamogga city branch activity

Dr Ramakrishna H.K.
President

Dr Suresh B.P.
Hon. Secretary

Dr Harish Iyyanna
Hon. Treasurer

CME on 06.05.2023

Shivamogga branch conducted a CME on 06.05.2023. Dr Praveenkumar, Plastic surgeon gave a lecture on management of foot ulcers with various surgical options. Discussions were held about the plan to celebrate Surgeon's day.



CME on 13.06.2023

KARNATAKA STATE CHAPTER – ASI
Shivamogga City Branch

In Association with
Sahasra
JAYANAGAR

Cordially Invite you for a CME program, organised on

Date : Tuesday 13th June 2023
Time : 8.30 pm
Speaker : Dr. Srikanth Gadiyaram, MCh. (Surgical Gastroenterology)
Topic : Unusual Complications during Laparoscopic Surgeries and Trouble shooting

Place : Green View Clarks Inn, Near KEB Circle, Shivamogga
RSVP : Pradeep Kumar - 9686664190

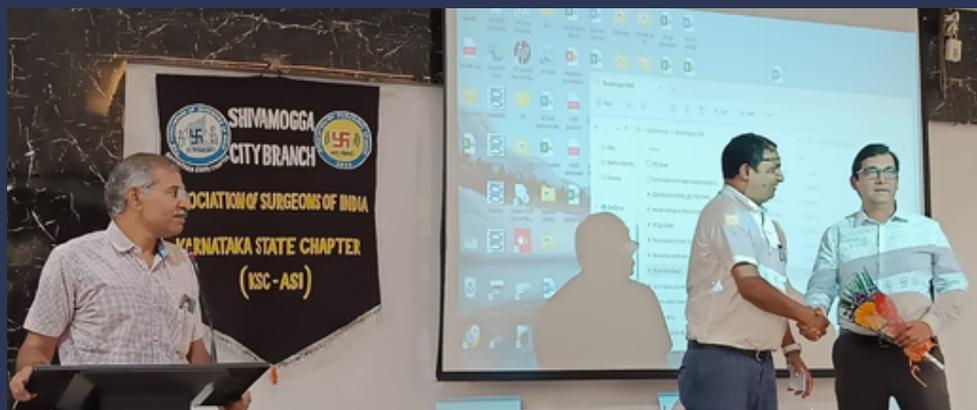
SPONSORED BY : Healthium MedTech Limited

President: Dr. Ramakrishna H.K. Secretary: Dr. Suresh B.P. Treasurer: Dr. Harish Iyyanna



Dr Srikanth Gadiyaram spoke on 'Complications of Laparoscopic surgeries' with a Video presentation. It was attended by 48 members and was followed by an interesting interaction of members with the speaker.

Also plans were made about Surgeon's day celebration on 25.06.2023.





Tumkur city branch activity

Dr. Prashanth B. Nirvani Rao
President

Dr. Chethan L.
Hon. Secretary

Dr. Vivek P.O.
Hon. Treasurer

1. Conducted CME on 01.04.2023 at Urban resort

Speakers and Topic :

1. Dr Sampath Kumar,

Consultant General and Bariatric Surgeon

a. Perioperative administration of probiotics on surgery outcome

b. Difficult cholecystectomy.

2. Case Discussion by Post graduates

a. Occult primary with cervical lymph node metastasis

b. GIST of Stomach

c. Pseudocyst of Pancreas.



2. Conducted CME at Urban resort on 21.04.2023
Speakers (Trustwell Hospital) and Topic,

1. Dr Manjunath SM, Senior Consultant Medical Gastroenterologist and Hepatologist.

Topic: Advanced Gastrointestinal interventional Procedures.

2. Dr Manish Joshi, Chief Surgical Gastroenterologist,

Topic : Newer Intra gastric balloon for non surgical weight loss

3. Dr Roopa Bhushan, Surgical gastroenterologist,
Topic : Advanced Hernia Surgeries.



3. Organised a CME on 19.05.2023 at Urban resort, Tumkur in association with Siddaganga Hospital, Tumkur
Topic : Challenges in cardio thoracic and vascular surgery.

Speaker : Dr Ravichandra JB, Consultant cardio thoracic and vascular surgeon Siddaganga hospital, Tumkur





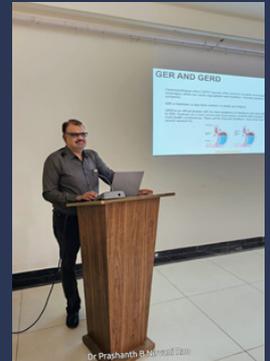
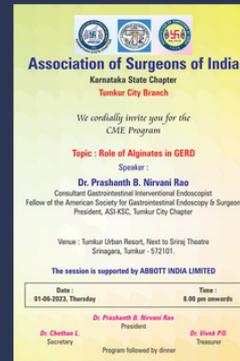
Tumkur city branch activity

Dr. Prashanth B. Nirvani Rao
President

Dr. Chethan L.
Hon. Secretary

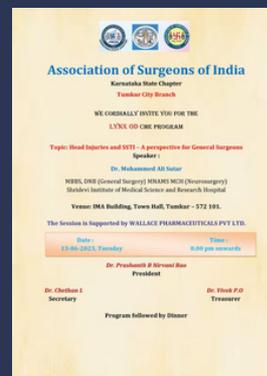
Dr. Vivek P.O.
Hon. Treasurer

4. Dr Prashanth B. Nirvani Rao, President, Tumkur city branch, spoke on 'Role of Alginates in GERD' on 01.06.2023 at Tumkur



5. A CME was conducted on 13.06.2023 on 'Head injuries and Soft tissue Infection - A Perspective for general surgeons'.
Speakers

1. Dr Sampath, Senior Neuro Surgeon
2. Dr MD Ali Sutar, Neuro Surgeon
3. Dr Chethan .L Secretary ASI-TCB



6. CME was organised on 23.06.23 by KSCASI-TCB in association with TSOG sponsored by Aster CMI hospital, Bengaluru. All speakers are from Aster CMI hospital.

1.Recent advances in radiation oncology in Surgical and Gynaecology practice
Speaker:

- a. Dr Belliyappa. Senior radiation oncologist
- b. Dr Sunitha, Radiation oncologist



2.Recent advances in Surgical and Gynaecological oncology
Speaker: Dr Somashekhar S.P.,Head, Surgical oncology and Robotic surgery



3. Targeted therapy in medical oncology
Speaker: Dr Vaishnavi Joshi, Medical oncologist



Vijayapura city branch activity

Dr. Ashok R. Jadhav
President

Dr. Ramakanth Baloorkar
Hon. Secretary

Dr. Vikram Sindagikar
Hon. Treasurer

Vijayapura City branch of KSCASI in association with RADON cancer center, Hubli, conducted a CME with Panel discussion on topic 'Cancer Rectum' on 20.05.2023

1. 'TME, sphincter and sexual function preservation and rehabilitation in rectal cancer'

Speaker: Dr. Sanjeev Kulgod, M.S., MCh (Surgical oncology)

2. 'Radiation in Rectal cancer, Paradigm shift'

Speaker: Dr. Vishal Malavade, MD (Radiation oncology)

3. 'Systemic treatment in Cancer Rectum-changing road map with newer insights'

Speaker: Dr. G.Meharkumar, MD (Radiation oncology)



Panel discussion - Tailored treatment in Rectal cancer

Moderator - Dr. Sanjeev Kulgod, M.S., MCh

Panelists –

Dr. G.Meher Kumar, MD, DM

Dr. Vishal Malavade, MD

Dr. Anand Zalaki, Senior consultant

Dr. Shailesh Kannur, MS



Kolar city branch activity

Dr. Sreeramulu P.N.
President

Dr. D. Srinivasan
Hon. Secretary

Dr. Krishna Prasad K.
Hon. Treasurer

Kolar city branch had an interesting case presentation session on 24.04.2023 at Doctors club, SDUMC, Kolar. A case of 'Unique journey of metastatic cells from the Kidney to the Oral cavity' was presented by Dr Vaibhavi. Plans regarding hosting Midcon 2023 was discussed.





World Blood Donor Day

World Blood Donor Day (WBDD) is held on June 14 each year, to raise awareness of the need for safe blood and blood products, and to thank blood donors for their voluntary, life-saving gifts of blood. On this occasion, Tumkur branch conducted Voluntary blood donation and awareness talk on Blood donation.



International Yoga Day

International Yoga Day is observed worldwide on June 21 to raise awareness about the benefits of practising Yoga. On this occasion, members of Bangalore and Tumkur branches actively participated by performing yoga and meditation under the guidance of experts





Surgeons Day celebrations on 25.06.2023

Surgeons Day is celebrated on 25th June across all city branches. Every branch is celebrating with a gamut of activities like CME, free surgeries, health check up camps, blood donation, walkathon/cyclathon, honouring senior surgeons etc. The detailed report of the celebrations will be published in our other magazine

'SURGISCOPE'

SURGEON'S DAY
25.06.2023

WALKATHON LSOM RUN

Organized by
The Association of Surgeons of India
Hubli-Dharwad City Chapter

Supported by
Hubli Fitness Club

Venue - KIMS, Hubli
Assembly - 6.00AM
Flagoff - 6.30 AM

FOLLOWED BY
BLOOD DONATION CAMP AND BREAKFAST
@ KIMS, HUBLI

KSC ASI
BELGAUM Branch

Surgeons Day
25th JUNE
Sunday Morning
PLANTATION
DRIVE

In Association with
GreenSaviours

KSCASI
BELGAUM BRANCH
BLOOD DONATION
CAMP

Donate blood for those in need

25TH JUNE SUNDAY 10 AM TO 2 PM
KASBKAR METROD HOSPITAL

**GIVE BLOOD
SAVE LIFE**

ASSOCIATION OF SURGEONS OF INDIA
KARNATAKA STATE CHAPTER
UDUPI CITY BRANCH

**SURGEONS' DAY
CELEBRATIONS**

25th June 2023 (SUNDAY)
10:00 AM TO 12:00 PM

• We Celebrate with You: Tea & Day Time Program 10:00 AM
• Felicitations of Senior Surgeons of Udupi District
• Panel Discussion: "WHEN PIONEERS MEET THE TRENDSETTERS"
• The doctors' relation between the senior surgeons and the young Surgeons
• AROGYA CHRYANA is observance 24x7 on 24th June 2023
• A live TV talk show on the role of Surgeons in the Society

There will be prizes and mementos for all participants.

**KSCASI Belgaum Branch
Surgeons Day
25th JUNE 2023**

Plantation Drive
6.30am to 9.30am

Blood Donation Camp
10am to 2pm

Guest Lectures, Felicitation of
Senior Surgeons & Banquet
5.30 pm Onwards - Hotel Sankam

Request all Surgeons to be part of all the Activities
Details will update soon

SSM - KSC/ASI

Surgical Society of Mysore
celebrates
SURGEON'S DAY
on 25.06.2023

To acknowledge their contribution in providing health care services and training and performance of surgeons, appreciate the medical care, dedication and commitment towards patient care and to sustain success in saving life and livelihood

WALKATHON/CYCLATHON
Theme - Create awareness on Public myth about common surgical ailments
Venue - JK Grounds
Time - 6.30am
Breakfast

CME & FELICITATION OF SENIOR SURGEONS
Venue - Hotel southern star
Time - 7pm
Dinner

FREE SURGERIES

Complimentary 1 shirt will be provided

ASSOCIATION OF SURGEONS OF INDIA
KARNATAKA STATE CHAPTER

SURGEONS DAY
25TH JUNE 2023

SURGEONS FOR COMMUNITY SERVICE

Sahyadri Narayana Multispecialty Hospital, Shimoga
Shimoga City Branch (KSC - ASI)
Cordially invites you for a CME

Topics
Error Trap in Laparoscopic and Open Cholecystectomy
Dr. Satish Kumar B M
Soft tissue sarcoma of extremity: Contemporary management surgical approach and adjuvant
Dr. Vinuk M A
Dr. Venkatesh K R
Dr. Suresh B P
Dr. Hanish Kumar

25th June (Sunday), 2023 (07:30 PM onwards)
Venue: 15th City Club, Southgate, Shimoga

Program is followed by Fellowship & Dinner

Association of Surgeons of India
Karnataka state chapter -
Tumkur City Branch

Surgeons Day

Free Laboratory and Surgeons' Day Report

Free Surgical Camp
Free blood check up
22 June 2023
PHC, Bellavi

Surgical Society Of Bangalore ASIC(R)
Golden Jubilee Celebration
(1973-2023)
Surgeons' Day Special Walkathon - 5km
Sunday- 18th June

Venue and Route-
St Martha's Hospital to Freedom park

Reporting time - 6:00am
Start - 6:30am
Breakfast - 7:30am

THE ASSOCIATION OF SURGEONS OF INDIA
HUBLI-DHARWAD CITY CHAPTER

Surgeons' Day Celebrations
24th June 2023

Agenda:
Talk by Senior Surgeons of Hubli-Dharwad
Felicitations of Senior Surgeons of Hubli-Dharwad
Address by the President

Followed by Fellowship & Dinner

8PM ONWARDS ON SATURDAY, 24TH JUNE 2023
@ IMA HALL, BALAJIPANNAH NAGAR, HUBLI

KSC ASI BELGAUM
SURGEONS DAY
25TH JUNE 2023

Guest Lectures
Surgical Approach to Intestinal Hernia: The A
of hernia: Dr. Suresh B P
Sustainable University at International Level - PM
approach - Dr. Venkatesh K R
Clinical Approach and Belgaum - Dr. Venkatesh K R
and Belgaum - Dr. Venkatesh K R

Felicitations of Senior Surgeons of
Belgaum District

Venue - Hotel Sankam
5.30 pm Onwards
Program followed by Entertainment and Banquet

Surgical Society of Bangalore
Association of Surgeons of India City Chapter
Cordially invites you to the
SURGEONS DAY - 24-06-2023

CHIEF GUEST
JUSTICE DINESH KUMAR
High Court of Karnataka - Bangalore

Guest of Honour
DR. M. K. RAMESH
Hon'ble Vice-Chancellor,
Bajaj Institute of Health Sciences, Bangalore

Felicitations of Senior Surgeons
Prof. P. S. PRABHAKARAN
Prof. N. SRINIVASAN

Prof. B. N. BALAKRISHNA RAO ORATION

Dr. M. VIJAYA KUMAR
1988 JMS, MCh, MCh, MCh, FRCS
Hon. Vice-Chancellor, Surgeons Institute
of Health Sciences, Bangalore

Date - Saturday, 24th June 2023
Time - 7:00pm
Venue - GBR Hall, Capital Road, Rajahmundry Road, Bangalore.

Please be Seated by 6:45 PM

VENKATESH K R
DR. NANISH KUMAR

Association of Surgeons of India - Karnataka Chapter
Raichur Branch

Surgeon's Day

Date : 25th June 2023

Surgeons Day 25th
June 2023

I.M.A GANGAVATHI
In Association with
KSC-ASI VYARANGASAR BRANCH
& SECURE HOSPITALS HUBBALLI
celebrates "SURGEON'S DAY"
on 25-06-2023

Honoring Senior Surgeons
1) DR. A. SOMMAIAJI, Sr. Gangavathi.

2) DR. BASAVARAJ REDDY, Sr. Hagarbommasahalli
and by conducting the CME Programme by
"Secure Hospitals Hubballi" at Gangavathi.
Hence we Request all the Members to
attend the same on Sunday evening.

PROFESSOR
DR. MADHUSUDHAN K.N
IMA, Gangavathi.

DR. MAHARTEEN P.S
IMA, Gangavathi.

DR. DISUCHENDRA
KSC-ASI Vyaraingar

DR. CHANDRASHANKAR
KSC-ASI Vyaraingar

IMA Bangalore
Gangavathi 582027

Date & Time
Sunday 25th June 2023
7:30 pm Onwards

CME followed by fellowship dinner

In association with ASI - Belgaumi Branch

FREE HEALTH CAMP
for
Surgeons' Day
24 JUNE 2023

9 AM - 5 PM

FREE

- CONSULTATION
- COMPLETE BLOOD COUNT
- LIVER FUNCTION TEST
- BLOOD SUGAR LEVEL CHECK UP
- EKG

VISHAA HOSPITAL
SPECIALIST MEDICAL
CLINIC IN
HUBBALLI
KARNATAKA

Vishahospital

Karnataka State Chapter
of Association of Surgeons India
KSCASI

HEALTH AWARENESS PROGRAMME

Walk Heart
Surgeons day special
Walkathon

18 JUNE
SUNDAY

St MARTHA'S HOSPITAL
TO
FREEDOM PARK



MIDCON 2023

Kolar city branch of the KSCASI will be hosting MIDCON 2023, the mid year conference on 12th and 13th Aug 2023 at Kolar city. It is going to be a feast of scientific deliberations, video presentations, interactive sessions, panel discussions etc. All the members of this associations are requested to attend this conference with their postgraduate students in large numbers and update and exchange their knowledge.

KSCASI-midCON 2023
6th Mid-Year Conference of
Karnataka State Chapter of Association
of Surgeons of India

THEME
"SCULPTING BUDDING
SURGEON WITH CARE,
COMPASSION & COMPETENCE"

Date:
12th & 13th
of August 2023

Venue:
Sri Devaraj Urs Academy of
Higher Education and Research
Tamaka, Kolar, Karnataka.

Conference Secretariat Details:
Prof. D. SRINIVASAN - Organising Secretary
Email: kscasimidcon2023@gmail.com | Contact: 8105576075
For more information Visit
<https://midcon.kscasi.com/>

KSCASI-midCON 2023

Hello surgeons!
It is both a privilege and honour for us, members of the Kolar City Chapter of the KSCASI to welcome you all to **midCON 2023** which will take place in Kolar City - Land of Gold, Milk and Silk, rich in culture and heritage - on **12th and 13th of August 2023**.
This scientific surgical conference will be an opportunity for surgeons of all grades to network with colleagues from all surgical specialties, to hear the latest updates and scientific sessions, individual practices and find out what the future holds for surgical trainees.
The faculties comprise of renowned specialists and experts from all over the state who will present most updated lectures based on evidence. The subjects are meticulously selected and designed to cover all the chapters.
So why are you waiting? Kindly book your dates on 12th and 13th of August, 2023 for midCON in Kolar City.

Prof. P.N. SREERAMULU ORG. CHAIRMAN
Prof. K. KRISHNA PRASAD ORG. CO-CHAIRMAN
Prof. D. SRINIVASAN ORG. SECRETARY

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KSCASI-midCON 2023

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KSCASI-midCON 2023

In And Around Places

KOLARAMMA TEMPLE
KOTILINGESHWARA TEMPLE
Antara Gange Temple
EGP
Karudumale Ganesha Temple

Registration Table

DATE	CATEGORY		
	ASI	NON ASI	PG
EARLY BIRD (1 st May to June 30 th)	1250/-	1500/-	1000/-
SPOT	2250/-	2500/-	2000/-

<https://midcon.kscasi.com/>



KSCASI Members Trek To Deo Tibba In Himalayas

There is no limit to human luxury and pampering ourselves with the ever-increasing new amenities. So, how would it feel to leave it all behind for a few days and live with mother nature in the high-altitude areas of the Himalayas ? Seems crazy, doesn't it ?! But that is exactly what two of our senior members of KSCASI did from 14th to 24th May 2023!

Dr K Lakshman and Dr H V Shivaram undertook an adventurous high altitude trekking along with the members of Karnataka Mountaineering Club (KMA) to Deo Tibba base camp from Manali in Himachal Pradesh after acclimatisation and a three month prior preparation with strenuous fitness schedule.



Dr H V Shivaram said we trekked 6 to 7 hours daily for a week, camping in the tents during night and finally reached the Piyangniru camp at the height of 3600 metres to see the enchanting snow hill - Deo Tibba from close quarters! According to Hindu mythology, the dome-shaped peak of hillock Deo Tibba (Dev Tibba) in Himalayas, is where the Gods sit for meetings called by their King Indra, from his throne in the nearby Indrasen Peak.

Dr K Lakshman, the senior most in the group said that the views in the Himalayan Mountain range is breath taking, awesome and refreshing. The experience leaves one spell bound wondering what an insignificant speck we are in this vast universe!





When Healing Meets Innovation: The Doctor Turned Entrepreneur

AUTHOR - Dr. HARISH N.S., Director - HIMAS



Introduction: Doctors, revered for saving lives, sometimes venture into entrepreneurship to explore innovative solutions and disrupt traditional healthcare practices. This blend of medical expertise and business acumen allows them to create a lasting impact on patient care. In this write-up, we delve into the journey of a doctor turned entrepreneur, highlighting motivations, challenges, and rewards associated with this transformative path.

Motivations for Transition: Doctors transition to entrepreneurship to address inefficiencies within healthcare, identify gaps in care delivery, and leverage their expertise to develop novel solutions. They seek professional growth, driven by a desire to create change.

Challenges Faced: Transitioning to entrepreneurship challenges doctors who lack formal business training. Balancing clinical practice and start-up building is exhausting. Securing funding is daunting, with perceived lack of business acumen and industry complexities. However, determination and resilience empower doctors to overcome obstacles.

Opportunities for Innovation: Doctors-turned-entrepreneurs identify and seize opportunities for healthcare innovation. Their first-hand knowledge enables development of medical devices, digital health solutions, telemedicine platforms, and healthcare software applications. Their innovations improve diagnostics, treatment outcomes, patient engagement, and healthcare delivery.

Impact on Patient Care: Doctor-entrepreneurs profoundly impact patient care by enhancing accessibility, affordability, and quality of healthcare services. They optimize workflows, promote preventive care, enable remote monitoring, and facilitate personalized medicine. Their ventures empower patients and enable efficient, patient-centric care.

Conclusion: Doctor-entrepreneurs combine medical knowledge with an entrepreneurial mindset to revolutionize patient care through innovation and technology. Despite challenges, their determination and passion make a lasting impact on the healthcare industry. Doctor-turned-entrepreneurs are beacons of hope, bringing healing and innovation together for a brighter future in healthcare.



History of Surgery: Trepanation to Transplantation

AUTHOR - Dr. Rajiv Lochan J., HPB & Liver Transplant Surgeon

A series of pictorial essays reflecting on how our practice has evolved over millennia

Section 1: Prehistory and antiquity



Surgery as we know of the speciality today, is a far cry from what initially began during pre-historic times, a rudimentary and sometimes barbaric, by current standards an attempt to treat injuries due to trauma and then subsequently due to disease for example “trepanation” (Fig 1). It wasn't until the 1900s that the likelihood of surviving surgery was greater than the likelihood of dying during or as a result of surgery! Numerous masters and breakthroughs - some accidental and others due to the scientific application of the human mind have resulted in the practice of modern surgery, where complex life-saving surgical procedures are performed routinely, saving thousands of lives on a daily basis. This development and progress is likely to continue and when the history of surgery is reflected upon a millenia later, our current techniques will no doubt be considered rudimentary !

1. Prehistory and antiquity

Certainly, early Physicians who branched into trying to treat deformity and trauma were ingenious like tribes in India and South America developed an ingenious method of sealing minor injuries by applying termites or scarabs who bit the edges of the wound and then twisted the insects' neck, leaving their heads rigidly attached like staples. A combination of archaeological and anthropological studies offer insight into much earlier techniques for suturing lacerations, amputating unsalvageable limbs, and draining and cauterizing open wounds. Many examples exist: some Asian tribes used a mix of saltpeter and sulfur that was placed onto wounds and lit on fire to cauterize wounds; the Dakota people used the quill of a feather attached to an animal bladder to suck out purulent material; the discovery of needles from the Stone Age seems to suggest they were used in the suturing of cuts (the Maasai used needles of acacia for the same purpose).

...(contd.)

History of Surgery: Trepanation to Transplantation

Fig1: The perimeter of the hole in this trepanned Neolithic skull is rounded off by ingrowth of new bony tissue, indicating that the patient survived the operation!!



Fig 2: Eyed needles from 30,000 BC (Didier Descouens / the Museum Collection of Toulouse, France)

Fig 3: Fossil remains dated to 31000 BC of a homo sapien from a tomb in Borneo uncovered in 2022. Earliest recorded below knee amputation in a child who subsequently survived for many years into early adulthood (Nature volume 609, 547-551 (2022), demonstrating that the distal third of the left lower leg was removed through deliberate surgical amputation with remodeled bone covering the amputation surfaces and demonstrating healing.



These ancient surgeon(s)' who amputated this individual's lower left leg must have understood the necessity to remove the limb for survival, possessed detailed knowledge of limb anatomy and muscular and vascular systems to prevent fatal blood loss and infection. Intensive post-operative nursing and care would have been vital including pain relief, regular feeding and movement to prevent bed sores while the individual was immobile. Although it is not possible to determine whether infection occurred after the surgery, this individual evidently did not suffer from an infection severe enough to leave permanent skeletal markers and/or cause death. This comprehensive knowledge of human anatomy, physiology, and surgical procedures evident in this community is likely to have been developed by trial and error over a long period of time and transmitted inter generationally through oral traditions of learning. Notably, it remains unknown whether this 'operation' was a rare and isolated event in the history of this region, or if this particular foraging society had achieved an unusually high degree of proficiency in this area.

Note: This area also contains some of the earliest known rock art confirming the existence of advanced degree of creativity in homo sapiens of the region. ... (contd.)

History of Surgery: Trepanation to Transplantation

Until this discovery last year (2022), it was generally thought that the evolution of medicine was due to the emergence of settled agricultural societies around 10,000 years ago (the Neolithic Revolution) which gave rise to a host of health problems that had previously been unknown among non-sedentary foraging populations, stimulating the first major innovations in prehistoric medical practices. Such changes included the development of more advanced surgical procedures, including that of an 'operation' in an European Neolithic farmer (found in Buthiers-Boulancourt, France) whose left forearm had been surgically removed and then partially healed (6000 BC).

Sushruta: The Father of Modern Surgery (1200 BC - 600 BC)



Fig 5: Sushruta samhita
Palm leaves of the Sushruta Samhita
or Sahottara-Tantra from Nepal,
stored at Los Angeles County
Museum of Art.



Anatomy and empirical studies

The different parts or members of the body as mentioned before including the skin, cannot be correctly described by one who is not well versed in anatomy. Hence, any one desirous of acquiring a thorough knowledge of anatomy should prepare a dead body and carefully, observe, by dissecting it, and examine its different parts.

— Sushruta Samhita

Sushruta (born and lived in the Kingdom of Kasi, where it is believed that he learnt medicine from Lord Dhanavantri himself) wrote the Sushruta Samhita as an instruction manual for physicians to treat their patients holistically. This treatise addresses all aspects of general medicine, but the impressive chapters on surgery have led to the false impression that this is its main topic. The *Suśrutasaṃhitā* is of great historical importance because it includes historically unique chapters describing surgical training, instruments and procedures which are still followed by the modern science of surgery. Disease, he claimed (following the precepts of Charaka), was caused by imbalance in the body, and it was the physicians duty to help others maintain balance or to restore it if it had been lost.

...(contd.)



History of Surgery: Trepnation to Transplantation

To this end, anyone who was engaged in the practice of medicine had to be balanced themselves. Sushruta describes the ideal medical practitioner, focusing on a nurse, in this way:

That person alone is fit to nurse, or to attend the bedside of a patient, who is cool-headed and pleasant in his demeanor, does not speak ill of anyone, is strong and attentive to the requirements of the sick, and strictly and indefatigably follows the instructions of the physician

It is generally accepted that the author of the original ‘text’ (first five chapters/Sthanas) was ‘elder Sushruta’ (Vrddha Sushruta). Numerous other ancient authors were collectively called ‘Suśruta’ who also contributed to subsequent versions of this text/first ‘layer’ of the manuscript. The book was redacted centuries later by another Sushruta, then subsequently by Nagarjuna (a Buddhist) and thereafter ‘Uttara-tantra’ was added as a supplement. The Sushruta Samhita was composed after Charaka Samhita, and except for some topics and their emphasis, both discuss many similar subjects such as General Principles, Pathology, Diagnosis, Anatomy, Sensorial Prognosis, Therapeutics, Pharmaceutics and Toxicology. The Sushruta and Charaka texts differ in one major aspect, with Sushruta Samhita providing the foundation of surgery, while Charaka Samhita being primarily a foundation of medicine

Followers of Sushruta were called Saushrutas. Before starting their training, Saushrutas took a solemn oath to devote themselves to healing and to do no harm to others.. After the students had been accepted by Sushruta, he would instruct them in surgical procedures by having them practice cutting on vegetables or dead animals to perfect the length and depth of an incision. Once students had proven themselves capable with vegetation, animal corpses, or with soft or rotting wood – and had carefully observed actual procedures on patients – they were then allowed to perform their own surgeries, from which the tradition of apprenticeship of surgeons has derived.

...(contd.)



History of Surgery: Trepanation to Transplantation

Before the 19th Century

The concept of surgery was explored well before recorded history with early 'surgeons' grasping the basic concepts of the human anatomy and organ systems. Among some of the notable achievements before the 19th century include

6500 BCE: Skulls found in France show signs of a rudimentary surgery called trepanation, which involves drilling a hole in the skull. 1750 BCE: The Code of Hammurabi, one of the earliest Babylonian codes of laws, details regulation governing surgeons, medical malpractice, and victim's compensation.

1550 BCE: The Ebers Papyrus, an ancient Egyptian medical treaty, includes information on how to surgically treat crocodile bites and serious burns.

600 BCE: Sushruta, regarded as the 'founding father of surgery' was an innovator of plastic surgery, including rhinoplasty.

950: Abulcasis, an Arab physician considered among the greatest medieval surgeons, apparently learned many of his skills from Greek surgeons.

1363: French surgeon Guy de Chauliac writes *Chirurgia Magna* (Great Surgery), regarded as the standard text for surgeons until well into the 17th century.

1540: English barbers and surgeons unite to form the United Barber- Surgeons Company. These 'barber-surgeons' performed tooth extractions and bloodletting.

1630: Wilhelm Fabry, known as the 'Father of German Surgery' is recognized as the first surgeon to employ amputation as a treatment for gangrene.

Further reading

The Sushruta Samhita. Numerous English translations are available. The ones by Prof SK Murthy, Kaviraj Kunja Lal Bhishagratna, Prof Singhal GD are excellent

Blood and guts - Richard Hollingham

Invention of surgery - David Schneider

Homo sapiens - Yuval Noah Hariri

Homo Deus - Yuval Noah Hariri

Empire of the scalpel - Ira Rutkow

Next issue: Surgery in the 19 century



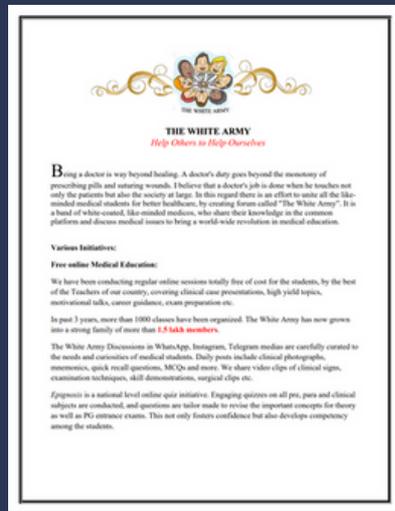
Dr Kishan Rao

A New Initiative

THE WHITE ARMY

Help Others to Help Ourselves

Being a doctor is way beyond healing. A doctor's duty goes beyond the monotony of prescribing pills and suturing wounds. I believe that a doctor's job is done when he touches not only the patients but also the society at large. In this regard there is an effort to unite all the like-minded medical students for better healthcare, by creating forum called "The White Army". It is a band of white-coated, like-minded medics, who share their knowledge in the common platform and discuss medical issues to bring a world-wide revolution in medical education.



Public Awareness Program

In recognition of World Liver Day, Dr Prashanth B Nirvani Rao, Consultant Gastrointestinal Interventional Endoscopist, President, ASI-KSC Tumkur city chapter, Karnataka spoke on Liver Health & the importance of preventive care, risk factors and management of Liver disease as an awareness program. 'The Liver Talk' Facebook live with Dr. Prashanth B Nirvani Rao. Two public information articles were published in local news paper on World Liver Day 19th April and on World Digestive health day 29th May.



Intra thoracic gangrenous Gastric volvulus

– A case report

Dr. Nishanth Lakshmikantha

Dr. K Lakshman

A 20 year old young lady was admitted with complaints of severe upper abdominal pain. She was initially being managed as gastritis and USG done elsewhere the previous day was normal. On admission she had tachycardia and tachypnoea, Blood Pressure was stable and abdomen was soft with no tenderness or guarding. We did an Upper GI endoscopy for her where there was a grossly dilated stomach and distorted anatomy (Fig 1). Chest X ray was done which showed a gastric bubble in the thorax (Fig 2). CECT of the thorax also confirmed the same (Fig 3). The patient was taken up for Exploratory thoracotomy. A thoracoabdominal incision was made and access gained to the thorax and abdomen. Grossly dilated stomach with a volvulus noticed through a posterior diaphragmatic defect. The opening was enlarged and the contents reduced. The stomach was dusky (Fig 4).

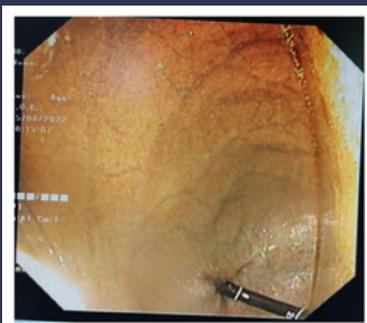


Fig 1 : Upper GI Endoscopy showing a grossly distended stomach with distorted anatomy

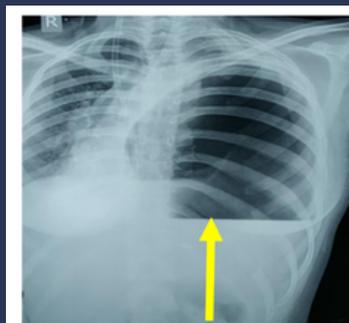


Fig 2 : Chest X ray showing a Gastric bubble in the left hemithorax with a shift of mediastinum to the right

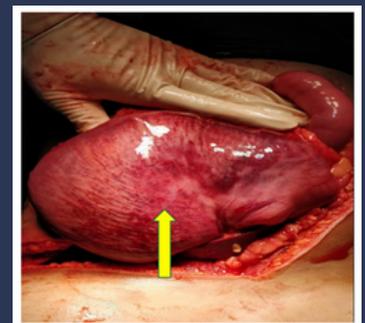


Fig 4 : Dusky appearance of the stomach noted after detorsion and reduction of contents

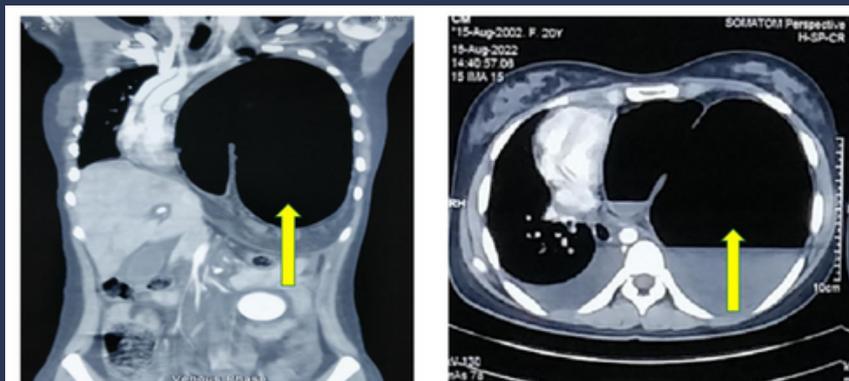


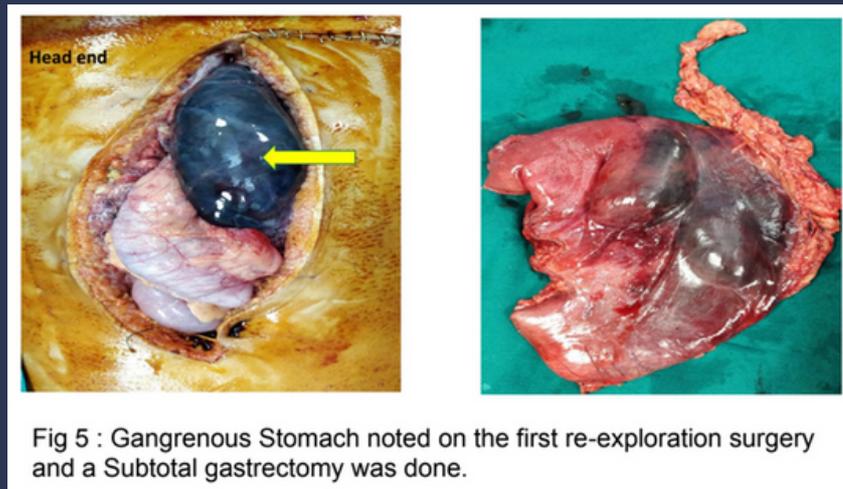
Fig 3 : CECT of the thorax showing a grossly distended stomach in the left hemithorax reaching the apex of the lung

We thought this could be either due to impending gangrene or bruising of the stomach. The stomach is a very vascular organ and has the possibility of recovery, we did not want to do a morbid procedure like a gastrectomy especially when the demarcation was not clear. Decision was taken to do a relook surgery in 48 hours to assess the condition of the stomach again. Diaphragmatic defect closed and Thorax closed with an ICD. Laparostomy was done. By the end of the surgery the patient needed low dose inotropes to maintain the BP. Overnight the patient's acidosis worsened and the inotropic support increased.

...(contd.)

Intra thoracic gangrenous Gastric volvulus – A case report

We had to intervene the following day itself and found a gangrenous stomach involving the majority of the greater curvature (Fig 5) A subtotal gastrectomy was done. Reconstruction was postponed in view of the unstable hemodynamics and a laparostomy was done again.



She got better the next 2 days and was weaned off the inotropes. On day 4 of admission she underwent a Gastrojejunostomy with a feeding jejunostomy and abdominal closure. Her postoperative period was very turbulent as the left lung did not expand in spite of the ICD. Differential diagnosis of a congenital hypoplasia of the lung versus collapse consolidation was made. She could not be weaned off the ventilator and hence she underwent a tracheostomy. Gradually the patient became better and was discharged after a month. She has recently gone back to college and remains asymptomatic.

Discussion:

Necrosis of the gastric volvulus is very rare (5-20%)[1]. In case the volvulus is associated with necrosis the mortality is very high (30-50%)[2]. This is a surgical emergency which needs an exploration and if vascularity is compromised it warrants a resection as per the extent of the gangrene.

References:

1. Akhtar A, Siddiqui FS, Sheikh AA, Sheikh AB, Perisetti A. Gastric volvulus: a rare entity case report and literature review. *Cureus*. 2018 Mar 12;10(3).
2. Shukla RM, Mandal KC, Maitra S, Ray A, Sarkar R, Mukhopadhyay B, Bhattacharya M. Gastric volvulus with partial and complete gastric necrosis. *Journal of Indian Association of Pediatric Surgeons*. 2014 Jan;19(1):49.

Motherhood, an epic.

Motherhood is an epic of umpteen sacrifices
For a possession of which none could tag prices.
So often she wades through muddy waters
To get us a feel of a pure and alluring lotus.

Imbibing in us characters of serenity and dignity
And to give us her best, fights often with Almighty.
Indebted we are to her sleepless nights
She fights with demons of distress, with all her might.

Silencing her hunger pangs, she often feeds
With those few morsels our hunger disappears.
Magic in her hands added a flavor to the food
Nothing could match that smoky smell of firewood.

All the perfumes on this earth smell sour
The best we love is her unique body odour.
That erases our sorrow and our pain dissipated
Complimented with her smile, as often anticipated.

The warmth she disseminates is no catch
Even the best body warmer can never hatch
She surprises each time with her exceptional knack
When, from her magic box secretly she pulls a delicious snack.

So often we see her children seem to forget
And leave her to herself without any regret.
Even in the most difficult situation faced
A prayer for their safety is invariably chanted.

Every mother is an adorable angel indeed
Her unconditional love at every step is guaranteed.
She, I believe must be related to the moon and stars
No wonder, her gentle hug takes us across the journey of universe.

- Dr Naaz Shaikh.

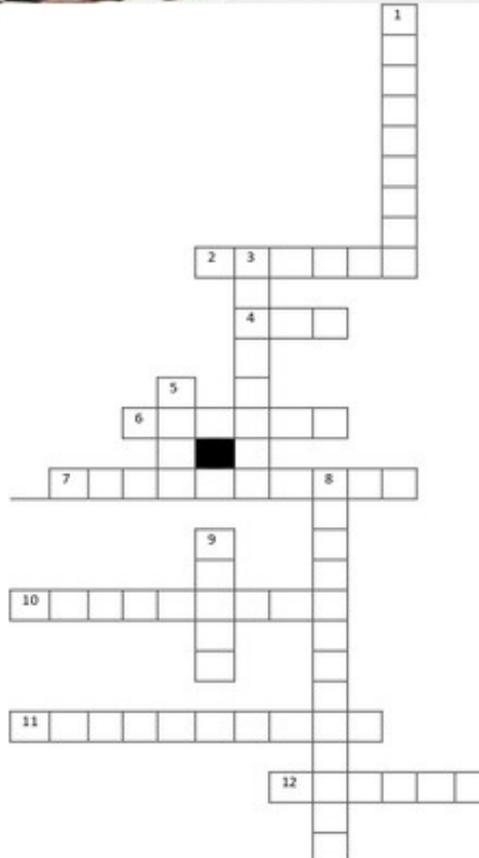


CROSSWORD

By - Dr Savitha Karlwad, Consultant Surgical Gastroenterologist, Mudhol



THE CHRONICLES OF HERNIA

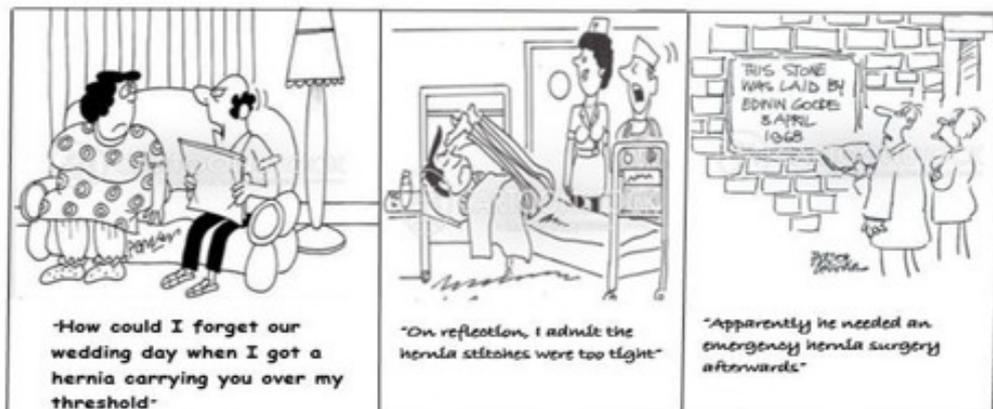


ACROSS

2. Hernia associated with heart burn
4. The first surgeon to perform a laparoscopic hernioraphy
6. A latin term that means rupture
7. Technique recommended for repair of primary and recurrent hernias
10. A hernia that contains both direct and indirect component
11. It's a type of postoperative ventral hernia
12. Hernia common in weight lifters

DOWN

1. A hernia that is common in children and will frequently resolve by the 2nd year of life.
3. Most common type of hernia in females
5. Sterile, woven material made from a synthetic plastic like material
8. Complication of hernia considered a surgical emergency
9. Inguinal hernia is more common in



Answers to cross word:

Across: 2. Hiatal 4. Ger 6. Hernia 7. Meshplasty 10. Pantaloon 11. Incisional 12. Direct
Down: 1. Umbilical 3. Inguinal 5. Mesh 8. Strangulation 9. Males

DR SAVITHA KARLWAD

Consultant surgical gastroenterologist
Mudhol



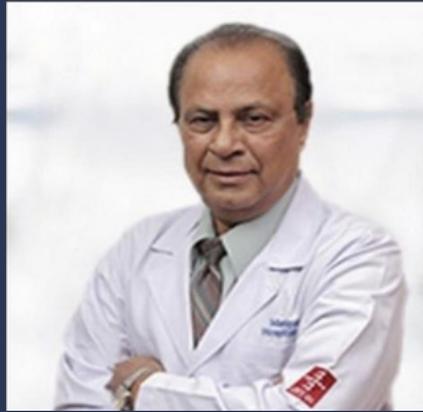
The Naturalist's eye

PC – Dr Chandrashekar N., Dr Prashanth B. Nirvani Rao, Dr Venkatachala K.



CONDOLENCES

With profound grief, we wish to inform you all the sad demise of Dr N.K.Bhagavan, ex President of Vascular Surgery of India (VSI). A magnificent teacher and a truly inspiring surgeon. VSI has lost a stalwart and one of the pioneers of Vascular surgery in India.



Extremely sad to inform that Dr. Shashikala CK, Former Professor of Surgery, BMCRI left to heavenly abode on 17/06/2023.

